

**Sask Valley Division Track & Field Records
(Updated May 12, 2006)**

Electronic Times (e.t.) began 2003 except for 800m & 3000m

Both Records for Hand Times (h.t.) and Electronic Times (e.t.) will be displayed until the electronic times are faster than the hand times.

Bantam Boys

Event	Record Holder	School	Performance	Year
High Jump	Michael Rudolph	Hague High	1.60 m	2000
Long Jump	Kris Friesen	Hague High	5.05 m	1993
Triple Jump	Wes Mukanik	Rosthern High	11.50 m	1983
Shot Put	Kyle Schmidt	Waldheim	10.75 m	2006
Discus	Austyn Mitchell	Valley Manor	28.14 m	2006
Javelin	Spencer Baht	Valley Manor	33.81 m	2005
100 m	Mike Kiryk	Valley Manor	:12.81 (h.t.)	1998
	Kendrew Friesen	Waldheim	:13.38 (e.t.)	2004
200 m	Ernie Redekopp	Hague High	:26.31 (h.t.)	1983
	Kendrew Friesen	Waldheim	:28.14 (e.t.)	2004
400 m	Darryl Zacharias	Hague High	1:00.01 (h.t.)	1983
	Brock Gatzke	Hague High	1:05.13 (e.t.)	2004
800 m	Jason Ens	Rosthern High	2:22.86 (h.t.)	1983
1500 m	Jason Ens	Rosthern High	5:06.65 (h.t.)	1983
	Mitchell Weber	V.C.A.	5:19.28 (e.t.)	2005
3000 m	Colton Schwan	Valley Manor	12:28.28 (h.t.)	2005
80 m Hurdles	Ryan Hango	Hepburn	:15.57 (e.t.)	2003
4 × 100 m Relay		Blaine Lake	:54.87 (h.t.)	2000
		Waldheim	:57.16 (e.t.)	2004

Bantam Girls

Event	Record Holder	School	Performance	Year
High Jump	Nancy Funk	Hague High	1.45 m	1986
Long Jump	Melissa Beherns	V.C.A.	4.41 m	2002
Triple Jump	Darlene Mack	Rosthern High	9.22 m	1991
Shot Put	Kristen Usher	Valley Manor	8.26 m	2002
Discus	Megan Muench	Valley Manor	20.10 m	2004
Javelin	Courtney Duval	Warman High	22.78 m	2003
100 m	Sherri Lynn Duda	Martensville High	:13.39 (h.t.)	1985
	Ashley Reimer	Venture Heights	:14.30 (e.t.)	2006
200 m	Jayne Regier	Laird	:29.07 (h.t.)	2000
	Madison Fehr	Hague High	:29.99 (e.t.)	2006
400 m	Sherri Lynn Duda	Martensville High	1:04.32 (h.t.)	1985
	Madison Fehr	Hague High	1:09.68 (e.t.)	2006
800 m	Krista Thiessen	Hepburn	2:48.96 (h.t.)	1983
1500 m	Shelby Foth	Waldheim	5:44.31 (e.t.)	2004
3000 m	Savanah Walker	Valley Manor	13:42.19 (h.t.)	2006
80 m Hurdles	Courtney Duval	Warman High	:16.10 (e.t.)	2003
4 × 100 m Relay		Waldheim	:59.59 (h.t.)	2001
		V.C.A.	1:02.55 (e.t.)	2005

Midget Boys

Event	Record Holder	School	Performance	Year
High Jump	Matt Harrison	Martensville High	1.78 m	2006
Long Jump	Sheldon Redekopp	V.C.A.	6.17 m	2003
Triple Jump	Darrel Zacharias	Hague High	12.27 m	1984
Shot Put	Bruce Boldt	Osler	16.41 m	
Discus	George Pesut	Waldheim	43.91 m	
Javelin	Jason Elder	Rosthern High	49.40 m	1993
100 m	Graeme Rinholm	Rosthern Jr. College	:11.63 (h.t.)	2001
	Curtis Kulchar	Martensville High	:12.32 (e.t.)	2005
200 m	Wayne Fisher	Hague High	:23.90 (h.t.)	1984
	Kolby Hamm	Martensville High	:25.48 (e.t.)	2006
400 m	Jason Stewart	Martensville High	:57.32 (h.t.)	2001
	Justin Friesen	Waldheim	:59.42 (e.t.)	2003
800 m	Dale Neufeldt	Hepburn	2:17.11 (h.t.)	
1500 m	Jason Sawatsky	Hague High	4:50.00 (h.t.)	1991
	Colton Martens	Martensville High	4:54.36 (e.t.)	2006
3000 m	Norman Ranger	Stobart High	10:33.06 (h.t.)	1992
100 m Hurdles	Jeremy Gerhardt	Martensville High	:15.82 (e.t.)	2004
4 × 100 m Relay		Hague High	:50.00 (h.t.)	1995
		V.C.A.	:52.28 (e.t.)	2003

Midget Girls

Event	Record Holder	School	Performance	Year
High Jump	Stephanie Neufeld	V.C.A.	1.54 m	2005
Long Jump	Joan Wendland	Waldheim	4.88 m	1974
Triple Jump	Darlene Mack	Rosthern High	10.13 m	1991
Shot Put	Kristen Usher	Valley Manor	9.11 m	2003
Discus	Jennifer Pauls	Osler	26.70 m	1989
Javelin	Jessica Larson	Martensville High	26.90 m	2005
100 m	Jayne Regier	Waldheim	:12.94 (h.t.)	2002
	Melissa Beherns	V.C.A.	:13.59 (e.t.)	2004
200 m	Sharon Ens	Warman High	:26.55 (h.t.)	1968
	Melissa Beherns	V.C.A.	:28.30 (e.t.)	2003
400 m	Darla MacFarlane	Martensville High	1:04.70 (h.t.)	1985
	Shelby Foth	Waldheim	1:04.94 (e.t.)	2006
800 m	Christine Foth	Waldheim	2:40.39 (h.t.)	2003
1500 m	Christine Foth	Waldheim	5:21.97 (e.t.)	2004
3000 m	Christine Foth	Waldheim	12:08.31 (h.t.)	2004
80 m Hurdles	Tessa Tkachuk	Hepburn	:13.49 (h.t.)	2000
	Caytlyn Foulston	Martensville High	:14.71 (e.t.)	2006
4 × 100 m Relay		Waldheim	:55.22 (h.t.)	2002
		Warman High	:57.92 (e.t.)	2005

Junior Boys

Event	Record Holder	School	Performance	Year
High Jump	Michael Rudolph	Hague High	1.82 m	2003
Long Jump	Ryan Dueck	Hague High	6.17 m	1998
Triple Jump	Mathew Yoder	Rosthern Jr. College	12.75 m	1989
Shot Put	Rudy Peters	Rosthern Jr. College	14.22 m	1957
Discus	Rudy Peters	Rosthern Jr. College	42.47 m	1957
Javelin	Jason Elder	Rosthern High	50.90 m	1994
100 m	Alan Dyck	Rosthern Jr. College	:11.10 (h.t)	1976
	Curtis Kulchar	Martensville High	:11.68 (e.t)	2006
200 m	Graeme Rinholm	Rosthern Jr. College	:23.03 (h.t)	2002
	Justin Friesen	Rosthern Jr. College	:23.83 (e.t)	2004
400 m	Justin Friesen	Rosthern Jr. College	:55.61 (e.t)	2004
800 m	Travis Pidhaichuk	Warman High	2:16.00 (h.t.)	1983
1500 m	Joey White	Waldheim	4:38.00 (h.t.)	1986
	David Epp	Rosthern Jr. College	5:00.63 (e.t.)	2006
3000 m	Allan Neudorf	Rosthern Jr. College	10:23.40 (h.t.)	1982
100 m Hurdles	Jason Stewart	Martensville High	:14.09 (h.t.)	2002
	Curtis Kulchar	Martensville High	:15.78 (e.t)	2006
4 × 100 m Relay		Hague High	:49.19 (h.t.)	2002
		Warman High	:51.65 (e.t.)	2005

Junior Girls

Event	Record Holder	School	Performance	Year
High Jump	Karen Gerbrandt	Rosthern Jr. College	1.52 m	1973
Long Jump	Connie Willems	Martensville High	4.84 m	1982
Triple Jump	Terri Wildeman	Rosthern Jr. College	10.40 m	1985
Shot Put	Sylvia Wintonyk	Rosthern High	11.35 m	1956
Discus	Tracy Smith	Stobart High	27.83 m	1988
Javelin	Elaine Daniels	Stobart High	28.65 m	1978
100 m	Saunja Driedger	Waldheim	:13.18 (e.t)	2004
200 m	Jayne Regier	Waldheim	:26.91 (e.t.)	2003
400 m	Joan Wendland	Waldheim	1:06.00 (h.t)	1977
	Kaitlin Shram	Warman High	1:08.78 (e.t)	2006
800 m	Michelle Franco	Martensville High	2:41.37 (h.t)	1985
1500 m	Caitlin Warkentin	Rosthern Jr. College	5:14.07 (e.t)	2006
3000 m	Chrissy Foth	Waldheim	12:04.95 (h.t)	2005
80 m Hurdles	Jessica Gerhardt	Martensville High	:13.38 (e.t)	2006
4 × 100 m Relay		Waldheim	:54.08 (e.t)	2003

Senior Boys

Event	Record Holder	School	Performance	Year
High Jump	Walter Peters	Rosthern Jr. College	1.98 m	1983
Long Jump	Kent Fruson	Rosthern Jr. College	6.52 m	1978
Triple Jump	Russ Regier	Rosthern Jr. College	14.10 m	1971
Shot Put	Adam Pilon	Stobart High	13.86 m	2006
Discus	Adam Pilon	Stobart High	41.07 m	2005
Javelin	Jason Elder	Rosthern High	54.02 m	1995
100 m	Mike Sydoruk	Blaine Lake	:10.83 (h.t)	2000
	Shayne Dueck	Hague High	:11.66 (e.t)	2004
200 m	Darren Klassen	Rosthern Jr. College	:23.20 (h.t)	1984
	Jason Stewart	Martensville High	:23.24 (e.t)	2004
400 m	Ryan Loewen	Rosthern Jr. College	:53.30 (h.t)	1993
	Justin Friesen	Rosthern Jr. College	:54.24 (e.t)	2006
800 m	Wes Fehr	Hague High	2:11.75 (h.t)	1981
1500 m	Orlando Nicotine	Stobart High	4:30.34 (h.t)	1991
	Jared Derksen	Waldheim	4:42.73 (e.t)	2005
3000 m	Wes Fehr	Hague High	9:55.60 (h.t)	1981
100 m Hurdles	Jason Stewart	Martensville High	:14.20 (e.t)	2004
4 × 100 m Relay		Rosthern Jr. College	:47.39 (e.t)	2005
4 × 400 m Relay		Martensville High	3:59.52 (h.t)	1998
		Rosthern Jr. College	4:05.40 (e.t)	2004

Senior Girls

Event	Record Holder	School	Performance	Year
High Jump	Jodi Friesen	Rosthern Jr. College	1.60 m	1995
Long Jump	Nikki Semenchuk	Martensville High	5.32 m	2002
Triple Jump	Jodi Friesen	Rosthern Jr. College	10.66 m	1995
Shot Put	Heidi Schidlowski	Waldheim	10.54 m	1998
Discus	Pearl Wendland	Waldheim	31.45 m	1977
Javelin	Tamara Friesen	Waldheim	34.51 m	2003
100 m	Jayne Regier	Rosthern Jr. College	:12.75 (e.t)	2004
200 m	Laura Boldt	Rosthern Jr. College	:26.90 (h.t)	1984
	Jayne Regier	Rosthern Jr. College	:27.26 (e.t)	2004
400 m	Jaimie Fehr	Hague High	1:04.97 (e.t)	2004
800 m	Bonnie Guenther	Hague High	2:40.72 (h.t)	1981
1500 m	Chrissy Foth	Waldheim	5:08.58 (e.t.)	2006
3000 m	Chrissy Foth	Waldheim	12:00.16 (h.t.)	2006
80 m Hurdles	Chelsey McGinnis	Warman High	:13.38 (e.t.)	2005
4 × 100 m Relay		Rosthern Jr. College	:53.93 (h.t.)	2002
		Rosthern Jr. College	:56.35 (e.t.)	2005
4 × 400 m Relay		Blaine Lake	4:55.42 (h.t.)	2001
		Waldheim	5:01.31 (e.t.)	2005